



EXPERIENCE

Dietary Supplement

8-Week Study

BACKGROUND

Through clinical analysis, it is known that at least 80% of the population has some form of constipation and elimination irregularities. It is also known that laxative and stool softener abuse is becoming an epidemic. With those facts in mind, a study of an all-natural herbal product is necessary to see if there is significant benefit. Experience claims to benefit not only constipation, but there have been claims on improving symptoms of Toxic Bowel Syndrome as well as producing weight loss.

OBJECTIVES

To investigate the effectiveness of Experience on constipation, elimination problems as well as the overall feeling of well being.

SELECTION CRITERIA

Any adult over the age of 18 who complained of constipation, slow elimination, weight-gain and fatigue.

DATA COLLECTION

Patients were evaluated based on the following symptoms at presentation as well as improvement of symptoms at 8 weeks.

- 1) Specific areas of evaluation.
 - a) Constipation
 - b) Weight Gain
 - c) Water Retention
 - d) Indigestion/Acid Reflux
 - e) Stomach Bloating
 - f) Poor Energy
 - g) Headaches
 - h) Food Cravings
 - i) Muscle Pain
 - j) Dry Skin
- 2) Side Effects (Any abnormal symptom)



MAIN RESULTS

In total, 30 patients were included in this study. Patients were asked to rank their symptom quality on a scale of 1-10 (1 being severe symptoms and 10 being no symptoms) upon starting the study.

The patients included 24 women and 6 men. The average age of the participants was 41. The youngest participant was 22 and the oldest was 71.

At 8 weeks, each area evaluated noted improvement. This type of improvement certainly validates the claims made on behalf of Experience!

It was of note that constipation and weight gain were the most common and severe complaints, however, at the 8-week mark constipation and weight gain showed the greatest improvement.

The average weight loss was noted in this study. The average weight loss during the first 4 weeks was 7 pounds, and the average weight loss for the second 4-week interval was 5.9 pounds.

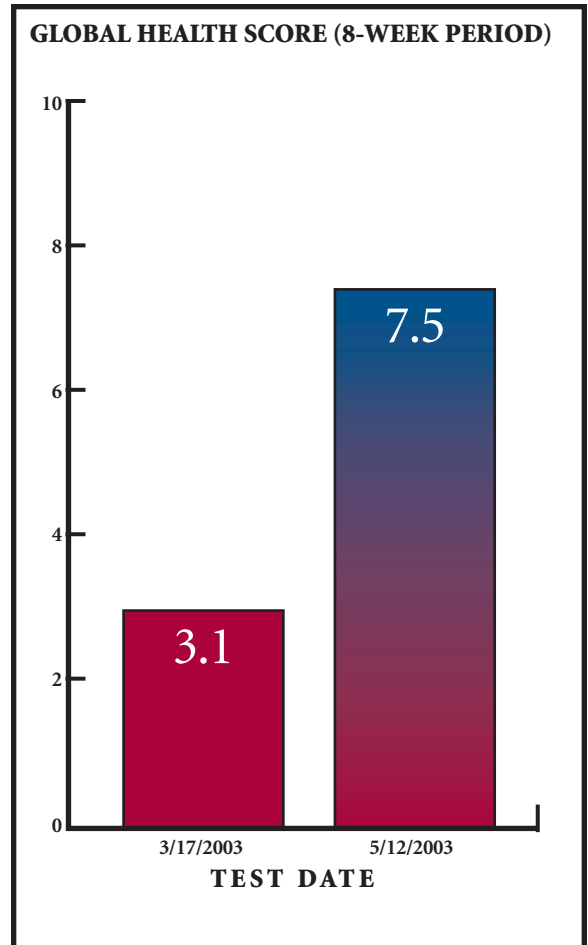
88% of the patients noted balanced and predictable bowels by day 7 of the study.

SIDE EFFECTS

Diarrhea: 3 patients – resolved by lowering the dosage.

Stomach cramps: 1 patient – resolved by increasing water intake.

CONDITION	BEFORE	8 WEEKS
Constipation	1.0	9.5
Weight Gain	1.3	8.9
Water Retention	3.5	7.1
Indigestion/Acid Reflux	2.3	6.6
Stomach Bloating	2.8	8.1
Poor Energy	4.2	7.1
Headaches	4.1	6.3
Food Cravings	3.0	7.3
Muscle Pain	4.7	7.3
Dry Skin	4.1	6.6





REVIEWER CONCLUSIONS:

All 30 of the patients noticed a dramatic improvement in elimination of their bowels as well as incredible improvement in the symptoms of Toxic Bowel Syndrome. 26 patients maintained results at the 8-week mark using only 1 capsule nightly. The other 4 patients were maintained at 2 capsules daily.

There is no question in my mind as a physician and clinical investigator that Experience is the best product available for the treatment of constipation and the symptoms surrounding Toxic Bowel Syndrome (including weight gain).

The fact that there is balance brought to the body is amazing considering that the majority of all products out there that are used for constipation are addictive and create so many side effects. I have never seen a product where results are still maintained after the dosing is decreased.

REVIEWER CREDENTIALS:

Dr. Gary Knighton, a respected Osteopathic Physician, is a member of the American Medical Association and Co-Chairman of President Bush's Physicians' Advisory Board.

He has been a clinical investigator for the following major pharmaceutical companies:

- Abbot Laboratories (Tricor)
- AstraZeneca (T.I.M.E. Study/Zomig)
- AstraZeneca (Zomig-ZMT)
- Bayer Pharmaceuticals (Avelox)
- Bristol-Meyers Squibb (Serzone)
- MERCK (Vioxx)
- SmithKline Beecham (Factive)
- Pfizer (Trovan)
- Aventis (Telithromycin)